**The Grief Recovery Method**®

**Grief Support Group**

**The Action Program for Moving Beyond Death, Divorce, and Other Losses**

Your feelings are normal and natural. The problem is that we have been socialized to believe that these feelings are abnormal and unnatural.

Whether your loss is from:

* Death
* Divorce or end of a relationship
* Loss of a career
* Loss of trust
* Loss of faith
* Loss of safety
* Loss of health

**8 week program of one on one (in-Person or online) now until December 31, 2020:**

$225 for 8 sessions

or

**7 WEEk Group Program**

**at First Mennonite Church – Bluffton, OH**

**Every monday from 7:00pm – 8:00pm starting October 26, 2020**

$50 for 7 Sessions

People say you have to let go and move on in your life, but they don’t tell you what you need to do to accomplish that. The Grief Recovery Method® Outreach Program not only makes that possible but provides partnerships and guidance to ensure that it happens.

**For further information email:**

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