## SUMMER 2017 ISSUE

## LOTS OF CLASSES FOR YOUTH Summer at **BFR** Sports and Fitness

Bluffton Family Recreation • 215 Snider Road • Bluffton, Ohio 45817 www.bfronline.com • 419-358-4150

## Get ready for sand volleyball

Bluffton Family Recreation is accepting registrations for its summer adult coed sand volleyball league.

The two summer sessions include matches Thursdays at 6 to 8 p.m. from June 8 to Aug. 10 at the Bluffton University sand courts on Rosenberger Drive.

Each team must have at least three women on the court at all times. Best of three matches wins and team members must be 18 as of June 1. Registration is \$175 per team.



## Laffalot Camp wants you!

BFR offers a fun, high-energy, high activity sports and activities program for the physical, emotional and social development of children in its Laffalot Camp.

It's for youth ages 6 to 12. Camp is Monday to Friday, July 10-14, from 9 a.m. to 2 p.m. Cost is \$87 per camper.



AND ADULTS!

## **Adventure** camps return!

Two youth adventure camps are set in July and August for youngsters from ages 3 1/2 to 6.

### Adventure Camp I

Theme: Sports Galore Tuesday-Wednesday, July 25-26 10 to 11:30 a.m. \$12 for members \$20 for non-members Cost includes snacks and art supplies Must have 4 registered to take place

### Adventure Camp II

Theme: Disney Fun Tuesday-Wednesday, Aug. 8-9 10 to 11:30 a.m. \$12 for members \$20 for non-members Cost includes snacks and art supplies Must have 4 registered to take place.

## Make time for tee ball in July & August

Summer tee ball league for 5- to 7-year-olds takes place from July 11 to Aug. 10.

Games are Tuesdays and Thursdays at 6 p.m. at the Bluffton village park. Cost per member is \$30 or \$40 for non-members.

Jerry Lewis Family McDonald's sponsors this summer's league.





# Summer tournaments for basketball, soccer

Is your sport basketball or soccer, or both?

BFR offers tournament options in each sport this summer. Here's the tournament details:

### 3 v 3 basketball tournament

Saturday, June 10 • Middle school division • High school division • Adult division Double-elimination \$100 per team

### 3 v 3 soccer tournament

Session I - Saturday, June 24 Session II - Saturday, July 29 • High school division • Adult division \$80 per team



## **Unlock the artist in you!**



BFR offers a two-day session for young artists on Tuesday and Wednesday, Aug. 1-2. This "Art Creator" opportunity is for youths who have completed grades 1, 2, 3 and 4. Our instructor holds a degree in art education.

The class must have four youth registered. The cost, which includes snacks and art supplies, is \$20 for members and \$30 for non-members.



## Bluffton-Pandora YFC and BFR team up for coed softball tourney

Bluffton Family Recreation teams up with Bluffton-Pandora Youth for Christ for a double-elimination coed softball tournament held in the Pandora Park. The event is Saturday, June 24, beginning at 9 a.m.

There is room for eight teams in this second annual tournament.

In addition, the event includes a home run derby and yard games and picnic for families. The cost is \$250 per team. Games start at 9 a.m.

All proceeds from the tourney go to both YFC and BFR.

For more information or to register a team contact Bluffton Family Recreation, 215 Snider Road, Bluffton, 419-358-4150, or bfr@wcoil.com.

Bluffton Family Recreation is supported by the Bluffton-Beaverdam-Richland Township United Way.

## Summer yoga on Tuesdays and Thursdays

Summer is a great time for yoga. BFR offers a summer session on Tuesdays and Thursdays from 6:30 to 7:30 p.m. from June 6 through Aug. 10.

No classes take place July 4 and 6, and July 11 and 13.

Erica Sheehan leads the classes. Cost is \$4 for members and \$6 for non-members.

## And, yoga for youth!

A special yoga for youth and adults is offered from June 9 through Aug. 4.

It's free for children whose parents are enrolled in this morning class. It is offered Fridays from 8:30 to 9:30 a.m.

## Especially for elementary youth: Stay Fit class

Youth who have completed grades 1, 2, 3 and 4 can register for a two-day stay fit class.

This session is from 3 to 5:15 p.m., Tuesday and Wednesday, June 7-8.

Bring your bike on June 8!

Cost includes snacks. Four youth must enroll for class to take place.

Cost is \$16 for members and \$25 for non-members.

# Elevate training offered this summer

If you are looking to take the next step in your athletic career, "elevate training" is for you. The summer months offers a great chance to elevate your game to the next level.

BFR's training includes weight training, skill development and agility. Training is for high school through adults.

Matt Gillett, BFR sports coordinator and personal trainer, leads these sessions, available at \$25 for a one-hour session or \$120 for a package of six sessions.

Gillett is a Bluffton High School graduate and holds a degree in exercise science from Anderson (Ind.) University.

In his role as a personal trainer he will assist persons of all ages to focus on fitness goals. He also leads agility clinics with middle school and high school athletes.

A Developmental Program, for youth ages 12 to 14, offers an introduction to performance training and adds a sport-specific component.

A Prep Program, for youth ages 15 to 18, offers a high-performance training program covering all aspects of athletic performance.



## Sign-up underway for July 8 Ride to Remember

Bluffton's 3rd annual Ride to Remember bike ride on Saturday, July 8. It offers biking routes from 10 miles all the way to a 112mile challenge. BFR is one of the event sponsors.

This year's ride begins and ends at the Bluffton Community Swimming Pool at Main and Snider Road, next to BFR.

**Registrations are being accepted at:** www.RideToRemember.net.

## Challenger Sports soccer camps set for June and July

Two Challenger Sports soccer camps are scheduled at Bluffton Family Recreation this summer.

### TetraBrazil Soccer Academy

TetraBrazil Soccer Academy takes place from Monday to Friday, June 5-9, for youth ages 6 to 18.

Fees are \$169 for half-day (9 a.m. to noon or 1 to 4 p.m.), or \$219 for full day (9 a.m. to 4 p.m.).

### **British Soccer Camp**

British Soccer Camp takes place from Monday, July 24, to Friday, July 28.

The camp has classes for youth ages 3-4, 4-6, 6-16 and 10-18 at various times during the day with varying registration fees.

Sign up for either or both camps at www.challengersports.com or mail application and check payable to: Challenger Sports Simon Wigley 1329 E. Kemper Road, Suite 4214 Cincinnati, OH 45246

## For more details on any of our programs contact:



## Bluffton Family Recreation

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