# Jecember

## **Bluffton Senior Center**

2020

Saturday	2	12				
Friday	4 Dominos 9:30 a.m.	1.1 Dominos 9:30 a.m.	18 Dominos 9:30 a.m.	25 Closed for Christmas	Closed for New Years	
Thursday	S Community Meal drive thru 6 p.m.	10	17 Community Meal drive thru 6 p.m.	2.4 Closed for Christmas	31 Closed for New Year's Eve	
Wednesday	2 Exercise Class 1:30 p.m.	9 Exercise Class 1:30 p.m. Jam Session 2:30 p.m.	16 Exercise Class 1:30 p.m.	23 Exercise Class 1:30 p.m. Jam Session 2:30 p.m.	30 Exercise Class 1:30 p.m.	
Tuesday	Dulcimers 12:30 p.m.	8 Line Dance Class 11 a.m. Dulcimers 12.30 p.m.	15 Dulcimers 12:30 p.m.	22 Line Dance Class 11 a.m. Dulcimers 12:30 p.m.	29 Dulcimers 12:30 p.m.	
Monday		7 Exercise Class 1:30 p.m.	14 Exercise Class 1:30 p.m. Bingo 2:30 p.m.	21 Exercise Class 1:30 p.m.	28 Exercise Class 1:30 p.m.	
Sunday		Q	13	20	27	

If Allen County goes Purple, all activities except Community Meals will be canceled. If questions or to register for an activity, call 419-358-8971.



Bob Bowersox, 5-22-20

### The Golden Age News

Published monthly by:

#### **Bluffton Senior Citizens Center**

132 N. Main St - Bluffton Ohio - 45817

419-358-8971

srcenter@wcoil.com

www.blufftonseniors.org

#### **DECEMBER 2020**

2020 has been called the weirdest year, the worst year and other things that I can't repeat. It has played havoc with our lives and our schedules. If Allen County goes purple, we will cancel all activities except Toenail Clinic and Community Meals. Out of an abundance of caution, we are canceling the party that we had planned in December for our 50<sup>th</sup> Anniversary, Christmas and Annual Meeting. We will have to celebrate 50 years at the Senior Center at a later time. The memorial service that is usually held will be in the form of a memorial list that can be picked up at the Senior Center at your convenience. A list of those that have died is in this newsletter. Shirley has typed up info on each person for the memorial list. We will not have an election for new board members this year. Instead, we will add a year of service to the current board members terms.

**REMEMBER** If you are sick or not feeling well or if you have been around someone who is showing symptoms of COVID-19 or if you are waiting on a COVID test or if you have been traveling out of state to a highly effected area, we ask that you refrain from coming into the Senior Center to help protect other members and the staff. THANK YOU

#### **MEMORIAL LIST**

#### NOVEMBER 2019- OCTOBER 2020

	THO TENTI ENTER TO CONTRACT TO
Colleen Hight, 10-10-19	Paul Gossard, 5-25-20
Wayne Shafer, 12-4-19	Catherine Bish, 5-31-20
Faye McKibben, 1-3-20	Treva Crawford, 7-2-20
Glennys Henry, 1-4-20	Ann Buller, 7-5-20
Louis Risser, 1-7-20	Lynn Wolford, 7-22-20
Mary Barnett, 1-17-20	Helen Edinger, 9-23-20
Sheryl Lugibihl, 3-5-20	Anna Ruth Reichenbach, 9-24-20
Gary Grant, 3-26-20	Elaine Sommer Rich, 9-27-20
Bruno Maroscher, 4-23-20	Betty Fran Henderson, 10-4-20
Treva Shafer, 5-4-20	Edward Rankey 10-17-20

#### **BIRTHDAYS**

90<sup>th</sup> Birthdays: Richard Cass, Jean Reichenbach and Margaret Latham will all turn 90 years young in December. We can't celebrate with Jean, Margaret and Dick in person but we will make sure that they each get their Life Membership and a Red Rose. Congratulations Margaret, Dick and Jean.

#### **December Closings**

The Senior Center will be closed on December 24 and 25 for Christmas and December 31 and January 1 for New Years. Happy Holidays!

#### WINTER CLOSINGS

Yes, winter is coming. If Bluffton Schools close due to winter weather, ALL ACTIVITIES will be canceled at the Senior Center. If the weather turns bad in the middle of the day, please call ahead to check on activities. We use WLIO-TV Hometown Station, Lima to announce closings and cancellations. If in doubt, don't hesitate to call the Senior Center, 419-358-8971.

#### **FUDGE AND FRUITCAKE**

Because of COVID-19, we will not be able to make Peanut Brittle this year. Peanut Brittle has always been one of our biggest fundraisers so we have been looking at what we could do instead. We have purchased fudge and fruitcake from the Abbey of Gethsemani to resell as a fundraiser this year. The monks from the Abbey make fruitcake and fudge to support themselves and have given us a price break. All of the fruitcake and some of the fudge has bourbon in it as the Abbey is located in Kentucky Bourbon Country. The half cakes sell for \$21 and one pound of fudge sells for \$20.50. There are four flavors of fudge: chocolate walnut, Kentucky bourbon butter walnut, Kentucky bourbon chocolate pecan and mint julep chocolate bourbon. These are the same prices as the monk's catalog but we have eliminated the shipping cost. We have purchased a limited amount so buy early.

#### **DOMINOS**

Mexican Train Dominos will be on Fridays, December 4, 11, and 18 at 9:30 a.m. There will only be four people allowed at a table. Masks will be required at all times. We will have hand sanitizer on each table and recommend that it be used often. **Reservations are required** so that we have a space for everyone. <u>NO SNACKING</u> will be allowed during the game but we recommend that players bring their own water bottles.

#### **EXERCISE CLASS**

Exercise class with Joy will be every Monday and Wednesday in December at 1:30 p.m. as long as we all stay healthy. Only 10 people may be in a class at a time so <u>reservations are required</u>. All equipment used must be sanitized after use so please don't put it away. Masks must be worn into the building but may be taken off during the exercise.

#### **COMMUNITY MEALS**

Community Meals will continue as a drive through behind the Senior Center in November. The dates are December 3 with St. Mary's and 17 with Emmanuel UCC at 6 p.m.

#### **BINGO**

We will only have one Bingo game in December because of Christmas on Monday, Dec 14 at 2:30 p.m. <u>RESERVATIONS ARE REQUIRED.</u> Please call 419-358-8971 to make your reservation. Please do not arrive more than 10 minutes before the game starts. Please wear a mask. Each seat will have four cards available. Players will choose two to play with. If your friends who are not members wish to play, they will need reservations and will have to give us their address and phone number when they register for contact tracing purposes.

#### **TOENAIL CLINIC**

There is <u>NO</u> Toenail Clinic in December. Our next toenail clinic is set for Monday, January 25, at 10 a.m. If you want an appointment for January, call 419-358-8971. You <u>must have an appointment</u> to be seen on that day. Cost of the clinic is \$10 due the day of the clinic. Please do not come more than 10 minutes ahead of time and please wear a mask.

#### LINE DANCE CLASS

The next Line Dance will be Tuesday, December 8 and 22 at **11 a.m**. The class is limited to 10 people. **RESERVATIONS ARE REQUIRED.** Please call 419-358-8971 to make your reservation. Masks must be worn into the building but can be removed for the dancing. Please do not arrive more than 10 minutes before the class starts. Cost is \$2 for members and \$3 for non-members. Classes will continue the second and fourth Tuesday of every month.

#### WE WELCOME NEW MEMBERS ....

Nancy and Ed Yeager, Bluffton

Gerald Glick, Arlington

#### SENT CARDS TO THE FOLLOWING MEMBERS IN THE HOSPITAL...

Cathy Leis

**Peggy Robinette** 

#### WE EXPRESS OUR DEEPEST SYMPATHY TO FAMILY AND FRIENDS OF...

**Edward Rankey** 

**Doris Heldman** 

**Dorothy Hursey** 

Patricia Herr

#### **HOBBY CENTER**

JoAnn Krugh's beaded baskets and art work made for a very colorful display. I hope you got to see it. Thank you, JoAnn, for sharing. In December, Tonya will share her Fontanini Nativity set. If you have a collection, art work or hobby that you would be willing to share, let Tonya know.

#### **Help Needed**

One of our members has a Brothers knitting machine which she needs help setting up and working. Let Tonya know if you can help her.

#### **Thank You**

Thank you for all the cards, phone calls and prayers. I am in remission and still have a long way to go.

Jane Keen

#### **DUES**

As people prepare to head south for the winter, please remember to let us know before you go so we can send you your monthly newsletter. You may also pay your 2021 dues before you go. The dues for 2021 have gone up to \$20.00.

#### **TRIPS**

The state mandate says we cannot do any trips at this time. We hope to resume travel as soon as there is a vaccine for COVID-19. Meanwhile, we are still making plans for the coming year hoping that we will be able to travel in 2021.

#### **BUS TRIPS WITH DEBBIE**

Since we can't do day trips at this time, Debbie has been coming up with short trips that you can do on your own. Flyers are available at the Senior Center for each outing with restaurant recommendations and phone numbers for calling ahead. Debbie has a new one to some local museums as well as the Christmas Lights.

Washington D.C. Rescheduled! New Date will be April 9-12, 2021! New brochures are in the Senior Center for this trip and we are taking standby as the trip is full.

#### **COACH TRIPS WITH TONYA**

Wisconsin's Northwoods <u>Aug 28 – Sept 3, 2021</u> Join us on a trip to find the hidden treasures of the famed Northwoods. We will visit a ginseng farm, a cranberry bog and will have supper where John Dillinger's gang had a shootout. Prices start at \$1777. Brochures available at the Senior Center.

#### JAM SESSIONS

Jam Sessions with Charlie Saylor are continuing on the second and forth Wednesday of each month at 2:30 p.m. The group is limited to ten people and MASK MUST BE WORN at ALL TIMES. The Mask must cover the nose and mouth. If you need to know the science behind wearing a mask when singing, just ask Tonya and she can point you to the research. Listeners are welcome.

#### **DULCIMERS**

The dulcimer group has moved their time to every Tuesday at 12:30 p.m. They are playing Christmas music now. Listeners are welcome just please sit away from the group so we don't go over the ten-persons group limit.

#### Something to consider for Christmas

My older sister spent two years in the Peace Corps and five years teaching in Texas. She has spent a lot of holidays away from family. She wrote this last spring when Easter celebrations were canceled. Change Easter to Christmas and there might be something in here that can help make the holidays better.

If you are in quarantine by yourself, this Easter might be the first major holiday you will spend entirely by yourself. Having done this before myself, here are some tips.

- 1. Treat the day special. It can be hard telling one day from another right now. Whatever you choose to do, make the day special for yourself. You deserve a holiday, even if it can't be the holiday you would choose. Ignoring the day won't make it go away, so embrace it.
- 2. Prepare an Easter basket for yourself. You don't need to get an actual basket and fill it with chocolate. But start right now setting aside "treats." Did you get a new issue of a magazine in the mail? Set it aside. Found a photo album while cleaning out your closet? Set it aside. Intriguing movie on Amazon Prime? Set it aside. Hold off on these treats until Sunday, then treat yourself.

But hey, if you have a basket and some chocolate, making yourself an actual Easter basket is also a good idea. Make it now, to give yourself time to "forget" what you gave yourself!

- 3. Cook something. Food is such a key part of any holiday. You may not want to try to replicate a treasured family recipe that has lots of possibilities for going wrong. But pick out something special while you shop this week. One thing this does is build anticipation of the holiday instead of dread. Also, cooking can take up a lot of time. A holiday on your own can feel unending. Spending a few hours cooking can help the time go by.
- 4. Bathe and dress. Before bathing was as simple as turning on a tap, spring was a time to refresh, well, everything. You know you feel better when you are clean. Then put on something special. It doesn't have to be church clothes. A polka dotted bow tie. Bunny ears. Something with a flower print. You'll feel better.
- 5. Plan your day. Have a lot of things you want to do and make a list. Empty time leads to ruminating about what you wish you were doing. Fill time with an online worship service, a walk to look at spring flowers, cooking a meal, an online game with family members, a tv series marathon, a treasured movie or book, or whatever you like to do. Have more ideas than time to do them.
- 6. Connect with family. A phone call or Skyping can help you feel connected. Just a word of caution: This Easter, with no one being able to travel, I anticipate phone lines and internet connections to be overloaded. If you can, make that phone call on Saturday or Monday, and save yourself the heartache of not being able to connect.

Those are my suggestions. Take from this what is useful to you and ignore what is not.

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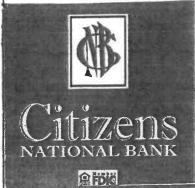


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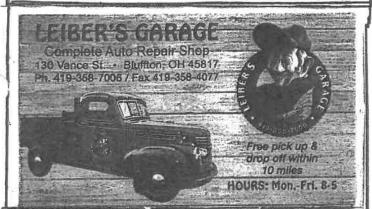
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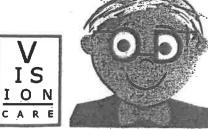
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