



Bluffton Senior Citizen Center Happenings

March,
2024

Talent show feature of March 11 potluck meal

TIME: Monday, March 11, Noon

PLACE: Bluffton Senior Center

WHAT: Potluck meal. The staff at the Senior Center will provide broccoli cheddar soup. Please bring a side to go with the soup or a dessert.

MC: Gloria Bucher

PROGRAM: We are going to have a talent show. Please come ready to show off your talent!

Carolyn Green memorials received

The Bluffton Senior Center has received donations in memory of Carolyn Green from the following people: Bev Painter, Mustaq and Rebecca Ahmed, Ann and Merle Francis, Harlan and Pat Basinger, Joan Reese, Robert and Winifred Rex, John and Jean Clevidence and Jerry and Kindra Butler. Carolyn's name will be put in our Memorial Book for all to see how much she meant to us.

Tai Chi class offered in March

PSA3 Area Agency on Aging will again offer a Tai Chi class at the Bluffton Senior Center on Tuesday March 19, at 9:30 a.m. It will continue Tuesdays and Thursdays for 10 weeks.

Tai Chi is an evidence-based group program focusing on improving functional ability, such as balance and physical function, to reduce fall-related risks and frequency. The class is free but is limited to 10 participants.

At this point the class is full but we are taking standby. To sign up for standby, call the office at 419-358-8971 or stop by the office.

For those who have taken Tai Chi and are looking for something more, PSA3 Area Agency on Aging will offer Tai Ji Quan at the Bluffton Senior Center this summer. We will have more information as we get closer to the time.



HENRY'S

810 N Locust St
Ottawa

- Prime rib • Chicken
- Seafood • Sunday buffet
- Home-made pies
- Catering & banquet facilities



419-523-5656
www.henrysrestaurants.com

Share Your Time & Talent!

Become a volunteer for
Bluffton Hospital!

419.423.5342



BLANCHARD VALLEY HEALTH SYSTEM

All Service Aeration, Inc.

RANDY MATTER

Complete Aeration & Septic Tank Services

Pumping - Rooting - Jetting - Portable Toilets

129 Lake Street

Bluffton, Ohio 45817

419-358-6815



Home cooking
with a
modern flair!

Monday-Saturday 6 am - 2 pm

Sunday 7 am - 2 pm

114 E College Ave • Bluffton

419-369-LULU (5858)



the food store^{LLC}

whole foods market since 1981

103 S. Main St. • Bluffton, Ohio 45817 (419) 358-5411

Everything you need to know about the April 8 eclipse

With all the talk about the April 8 Total Eclipse in the news, I hope you are getting excited. To help you get totally excited about the total eclipse, Dr. Michael Edmiston will be at the Senior Center Monday, March 18 at 10 a.m. to talk about how it happens and why it is so special. The Bluffton Senior Center will be closed on April 8, the day of the eclipse, because my experience is that traffic will be bad and I don't want to add to the traffic problem by having programs that day.

Things to consider as you prepare for the eclipse:

We are told that we may see a significant increase in visitors to the area between April 6 through April 9. Traffic may be heavy at times and waiting lines at stores could be longer than normal. Do what you can ahead of time and allow extra to get where you need to go.

Errands and appointments: Schedule important activities before April 5 or after April 8. Check ahead if you have plans for that weekend. Some services may be closed or have limited hours.

Supplies, gas, cash: Supplies may be limited due to high demand, which may mean the things you want are not available during the congested period. If there is something important you want, get it early.

911: Know when it is appropriate to call 911 (true emergencies). If not a true emergency, use the non-emergency number to contact the Bluffton Police Department, 419-358-2961, the Allen County Sheriff Department, 419-227-3535, or your local department.

Cellular service: With the increased number of visitors in the area, cellular service may be overwhelmed. Develop a communication plan with family and friend if you lose service. If you only have a mobile phone at home, find out which neighbors have a land line number in case you need to call 911 for an emergency.

Back roads: For your own safety, you should avoid driving on I-75 from April 6 through April 8 or 9. Back roads and secondary highways will have less traffic. On April 8, even the secondary highways may be overcrowded. Get out that trusty old paper map and take the back way. **Remember the Senior Center will be closed on April 8.**

Eclipse apps: There are many solar eclipse apps to choose from. I use Solar Eclipse Timer. Is it the best? I have no idea. Is it free? No. It will cost you around \$7. Do you need an app to enjoy the eclipse? No but I found it very useful in 2017.

For more information on viewing the eclipse, visit NASA's eclipse website, <https://science.nasa.gov>.

Eclipse glasses: The Bluffton Senior Center has glasses for sale while supplies last.



575 Ottawa-Glandorf Road, Suite 3
Ottawa, Ohio 45875 • www.pchh.net

Phone: 419-523-4449 Fax: 419-523-6328

M & R
PLUMBING & HEATING INC.

**COMMUNITY MAYTAG
HOME APPLIANCE CENTER**

131 Cherry St • Bluffton
419-358-6916
419-358-0222



Sports Center Lanes

605 E Jefferson • Pandora
419-384-3354



Daily Lunch Specials

Friday - (all you can eat) fish fry 10:30-7 pm

Wednesday - Mexican food 10:30-7 pm

Sundays - BBQ chicken dinners - seasonal

Cosmic Bowling - Friday nights



400 W Main Cross St
(SR 12 West)
Closed Mondays
Findlay - 419-422-4486

1217 Tiffin Ave
(SR 224 East)
Findlay - 419-423-3221

Producing fine chocolates
and ice cream since 1937

www.dietschs.com

YOUR HOMETOWN HARDWARE STORE

Do it Best **FAMILY
HARDWARE**

M-F 7 am-5:30 pm
Sat 7 am-4:30 pm

111 Cherry St • Bluffton

419-358-2866

Chiles-Laman

FUNERAL & CREMATION SERVICES

"A Family Dedicated to Service."

Jon Kinn
Funeral Director

239 S. Main St. • Bluffton, Ohio 45817
419-358-2051 • Fax 419-358-8816

chilesbl@wcoil.com www.chiles-lamanfh.com

Don't forget our annual garage sale

Just a reminder that the annual garage sale is Feb. 29 and March 1 from 9-5 and Saturday, March 2, from 9-1 and Monday, March 4, half price sale from 9 to noon. The garage sale will cause some of our regular activities to be cancelled. Watch the calendar. And, thanks for all the help!

Your invitation to color Easter eggs

St. Mary's Preschoolers will be at the Senior Center on Monday, March 18, to color eggs. They would like you to join them. They will also entertain us with a song. Come and help the youngsters in this Easter tradition. Exercise Class will go on as usual.

Next toenail clinic March 25

Our next toenail clinic with Dr. Kirk is Monday, March 25, at 9:30 a.m. At this time the clinic is full. We are taking stand by. If you cannot make a scheduled appointment, please let us know.



WELCOME NEW MEMBERS

Carol Bergstedt, Findlay
Mary Jane Zimmerman, Bluffton
Helen Madrigal, Bluffton
Charles and Kolene Bourne, Lima
Ruth Ann Beach, Jenera
Gerald Walters, Dunkirk
Cynthia Stevens, Bluffton
Jennifer Tschuor, Bluffton
Mike and Beverly Powell, Columbus Grove
Richard and Gera Bixel, Pandora
Randy and Karen Keeler, Bluffton
Sally Roth, Bluffton
Darrel Basinger, Pandora
Chuck and Sharon Fisher, Harrod
David and Theresa Meyer, Leipsic
Fred and Susan Weiss, Findlay
Chris Hochstetter, Bluffton

IN THE HOSPITAL

Ruth Koontz

SYMPATHY

Carolyn Green
Wanda Smith on the death of her son
Sharlee Badertscher on the death of her husband
Ted Cunningham on the death of his daughter

TUNE-UPS
REPAIRS
OVERHAULS

**Gary's
Repair**
POWER EQUIPMENT
SALES AND SERVICES

2 CYCLE &
4 CYCLE
ENGINES

GARY AUGSBURGER
(419) 384-7303

2667 ROAD P
PANDORA, OH 45877

SAMUEL W. DILLER CO., L.P.A. ATTORNEYS-AT-LAW

SCOTT L. BASINGER – MITCHELL L. KINGSLEY
FOR ALL YOUR LEGAL NEEDS

419-358-5606

101 N. MAIN STREET • P.O. BOX 46
BLUFFTON, OHIO 45817



Sign up for our newsletter for managing tips on
personal finances, what's new at CNB & more!

102 S. Main St • Bluffton • 419-358-8040

Other locations: Celina, Defiance, Elida,
Findlay, Lima, Springfield, Van Wert

www.cnbohio.com



J. M. AUGSBURGER, CPA, LLC



Judy (Niese) Augsburger
Certified Public Accountant
Notary Public

302 South Main Street
Bluffton, Ohio 45817
Phone: (419) 358-1336
E-mail: jmaugsburger@ymail.com



PANDORA FLOORING & SUPPLY

The narrow store with the wide selection

101 E Main St • Pandora

419-384-3102

**Monday-Friday 10-5
Saturday 9-Noon**

Complete line of Flooring Products,
Sales & Installation



Tuesday-Friday
7 am - 5:30 pm
Saturday
8 am - noon

**117 N Main
Bluffton**

**Meat Market
Deli and Bakery**

419-369-4264

www.doughhook.com

COACH TRIPS WITH TONYA



Mamma Mia in Dayton June 13

This jukebox musical is based on the songs recorded by Swedish group ABBA and takes place on a Greek island paradise. The show takes place Thursday, June 13, in Schuster Performing Arts Center, Dayton.

Join us for a fun evening of dinner and a show. We will enjoy a Mediterranean meal in celebration of the show. Trip includes the dinner, show, ride and tipping. Cost is \$133 and is due at the time of sign up. Trip will depart at 4 p.m. We have balcony seats, so this trip is a Level 2.

Best of Alaska July 18-31

Discover the Wonders and Wilderness of "The Last Frontier." This trip includes Denali National Park, Fairbanks, Whitehorse and a cruise down the inside passage.



Full brochures are available at the Senior Center. Price starts at \$5,247. The trip includes all airfare, two train rides and so much more. A passport is required for this tour. This trip is a Level 3.



Blue Ridge Country Oct. 7-14

Experience Fall in the stunning Appalachian Mountains. From Shenandoah National Park to the Great Smoky Mountains and Jefferson's Monticello to Vanderbilt's

Biltmore Estate, this Appalachian adventure will introduce you to the natural wonders of this lush mountain region at the height of fall foliage. Price starts at \$2,837 per person, based on double occupancy. Brochures are available in the office. \$250 deposit due at sign up. This trip is a Level 3.

Are you invested properly?
Get a second opinion.



Brandon D. Blackford,
CFP, CIMA, CLU
Financial Advisor

107 S Main St
Bluffton • 419-358-2622

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC



A contemporary outlet
for house plants, gifts
and home decor in
downtown Bluffton

111 S Main St Bluffton
419-358-6950

Family Eye Care Clinic of Bluffton



Mark A. Yoder, O.D.
Nathan M. Goedde, O.D.

107 N Main
PO Box 123
Bluffton

419-358-6076

www.familyeyecareclinicbluffton.com



**Bluffton
Icon**

It's where
Bluffton gets
its news!

www.blufftonicon.com

Your full-service realty

SMITH'S
Realty Professionals Inc.

CONTACT
LARRY
SMITH

147 N Main • Bluffton

Call 358-SOLD (7653)

www.smith-realty.com

Find the Perfect Gift!



BLANCHARD VALLEY HEALTH SYSTEM

Gift Shop

- Dietsch's candy & chocolates
- Unique baby gifts
- Jewelry
- Balloons & more!

Use Main/ER entrance

419.369.2232

BUS TRIPS WITH DEBBIE

Daniel trip is full, accepting standbys

From the fiery furnace to the notorious den of lions, DANIEL is an amazing theatrical experience! Level 2. This trip is March 19 and 20. **March 19 is the primary.** If you are on the trip and want to vote, you must vote absentee.



Celtic Women also full; accepting standbys

Join us Wednesday, April 10, for a wonderful evening of performances packed with exciting instrumentals and breathtaking harmonies in Lima. We will stop at Cracker Barrel for supper on your own before the show. We have hired Allen County RTA for transportation. Departing at 4:30 p.m. This trip is full. We are taking stand by. Level 1.



Join us for My Amish Life Tour May 9

Join us as we start our day in Amish Country with a delectable cinnamon roll and coffee as we watch the pastry being made. We will also see demos from a buggy maker and basket weaver, and enjoy an Amish lunch at the Haystack.

Then visit an Amish school and get a yummy treat! There will be time for shopping as well. This fun-filled day is Thursday, May 9, in Indiana Amish Country. Departing at 7 a.m. \$122 due at sign up. Level 2.

Watch for Day Trip details coming soon

Keep an eye out here for day trips to Cleveland, LaComedia, a mystery trip and a Christmas lights trip. Remember, day trips can be paid with a credit card over the phone if you cannot come into the Senior Center in person.

Sielschott, Walsh, Keifer,
Regula & Sherer, Inc.

Certified Public Accountants

113 N Main St • Bluffton

419-369-9001

www.swkrcpa.com



Family
Friendly
Atmosphere

Tuesdays-Thursday

11 am - 10 pm

Fridays-Saturdays

11 am - 11 pm

Sundays

11 am - 10 pm

419-358-4486

www.kirasflipside.com



Ed Reichenbach
Agent

341 S Main • Bluffton
Toll free 800-417-7781
Fax 419-358-4551

419-358-7781

**Good Neighbor
Agent since
1966**

www.edreichenbach.com



Matthew Ellerbrock, DC, DACRB

Chiropractic Physician and Soft Tissue/Rehab Specialist

Office: 419-358-2222

Email: drellerbrock@ellerbrockspine.com

Website: www.ellerbrockspine.com

Address: 120 N. Main St. Suite A, Bluffton, OH 45817

Basinger

PLUMBING & HEATING

- Furnaces • Air Conditioning • Pumps
- Chemical-free Water Treatment
- Sales • Installation • Service & Rentals

419-358-1355 • Pandora

www.basingerph.com

LEIBER'S GARAGE

Complete Auto Repair Shop

130 Vance St. • Bluffton, OH 45817

Ph. 419-358-7006 / Fax 419-358-4077



Free pick up &
drop off within
10 miles

HOURS: Mon.-Fri. 8-5

MORE BUS TRIPS WITH DEBBIE



We're going to Frankenmuth June 11

We will shop and explore *Bronner's Christmas Wonderland*, then have a relaxing narrated tour on the *Bavarian Belle*, where we will discover the history of Frankenmuth, with views of the scenic Cass River.

Next, we will do lunch and have chicken that put "Frankenmuth on the map" at the Bavarian Inn restaurant. There will be a mouthwatering array of homemade foods served family style. After lunch we will take some time to explore Main Street.

Depart at 6 a.m. \$128 due at sign up. Sign up begins March 7. Level 2.

Visit David Warther Carvings in Sugarcreek

Come with us on an educational and inspirational trip to David Warther Carvings. This is a guided tour with an opportunity to visit the museum's unique gift store.

After that we will fill our plates with Amish favorites at the Dutch Valley Restaurant. Then some time to shop next door for Amish Country goodies. Before we head back, we'll stop at the "World's Largest Cuckoo Clock," which is over 23 feet tall and 24 feet wide.

This adventurous day takes place in Sugarcreek Ohio, Thursday, July 11. \$95 due at sign up. First day to sign up is March 14. Level 2.

Trip activity level explained

Members ask for clarity on how much walking takes place on our trips. Here's an activity level on all trips to help you judge if it is the right trip you.

LEVEL 1 – Minimal walking through parking lots and drop off locations. Standing while waiting in line and for entrance to tours. Will include steps and uneven surfaces throughout day and steps in and out of motor coach.

LEVEL 2 – Moderate walking/standing, up to half a mile, may include stairs and/or uneven terrain. Plus on and off motor coach more than once.

LEVEL 3 – Lots of walking/standing for multiple hours. May include flights of stairs and/or uneven terrain. Could include long days.

LEVEL 4 – Extensive walking/standing, climbing stairs or hilly walkways and/or extended weather exposure.

Darrell E. Groman,



204 Hilty Drive
P.O. Box 209
Pandora, OH 45877

tel: 419-384-3275
info@DrGromanVision.com
DrGromanVision.com

Optometrist since 1985

LAMBERT
est. 2022
GENERAL CONTRACTING LLC
567-525-2294
CHARLES - OWNER
lambertgcllc@gmail.com

SPRUNGER
INSURANCE
Neighbors Helping Neighbors

- Home • Auto • Motorcycle
- ATV • Farm • Business • Church

NATHAN
SPRUNGER
Agent

114 E Main • Pandora 208 S Main • Bluffton
419-384-3286 419-358-7585
www.sprungerinsurance.com

SOUTH GATE
LANES

9700 DIXIE HWY
BLUFFTON

Diller's
FLOORING
& INTERIOR LLC

119 N Main • Bluffton
419-358-4545

Hours:
Monday-Friday 9-5
Saturday 9-noon

HOMETOWN
PHARMACY

112 E. Main St.
Pandora
419-384-3303

Monday-Friday
8:30 am - 6:30 pm
Saturday
9 am - 1pm

Activities

Because of the garage sale, some activities are canceled. We apologize for the inconvenience, but it is only once a year and it brings in funds for the Senior Center. Hopefully, you can find an activity to enjoy. Members are also always welcome to invite guests to check out the activities in case they would like to join the Senior Center. The only activity that requires membership is exercise class. But membership does have privileges.

Bowling	Fridays at 9:30 a.m. at Southgate Lanes
Bridge	Wednesdays at 9:30 a.m.
Crafts	Thursdays at 9:30 a.m.
Dominos	Fridays at 9:30 a.m.
Dulcimers	Tuesdays at 1 p.m. (Except the first Tuesday at the library)
Exercise Class	Mondays and Wednesdays at 1:30 p.m.
Euchre	Thursdays at 1 p.m.
Hand and Foot	Fridays at 9:30 a.m.
Social Hour	Tuesdays at 3 p.m.

Bingo

Monday, March 4 *(Canceled for garage sale)*
Monday, March 11 at 2:30 p.m. with MHCO
Monday, March 18 at 2:30 p.m. with HCS Management
Monday, March 25 at 2:30 p.m. with Taylor Place

Cooking Class

Wednesday, March 20, at 11 a.m. with Sunrise of Findlay

Line Dance Class

March 12 and 26, at 11 a.m.,
\$2 members, \$3 non-members

Song Circle

March 13 and 27, at 2:30 p.m. Everyone welcome!

Western Square Dance

March 14, at 7 p.m.
\$3 members, \$4 non-members

2024 membership dues reminder

If you haven't paid your dues for 2024, you are overdue. Dues are still just \$20 and may be paid in person, by sending a check in the mail or by calling with a credit card. Thank you to all who have already paid.

Pop up farmers market 4th Saturday in March

The Bluffton Farmers Market will hold a winter farmers market at the Senior Center on the fourth Saturday of the month through the winter.

Hours are 8:30 to noon. No animals are allowed in the building during the farmers market.

Anyone willing to help run the Senior Center cash register during the market, please talk to Deb or Tonya.

Ted's Market

311 E Washington St • SR 12
Pandora • 419-384-3407

- Full line of groceries • Meat
- Frozen foods • Produce • Gas
- Catering *and much more!*



Northwest Ohio Recycling, Inc

Buyers of
aluminum,
copper, brass,
scrap iron &
scrap cars

13355 Road 2
Pandora
419-384-3392
Fax: 419-384-3396

Monday - Friday 8 am - 4 pm
Saturday 8 am - 10:30 am

www.northwestohiorecycling.com



**Bluffton's
history
website**

www.blufftonforever.com

March calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					¹ Garage Sale 9-5 Bowling 9:30	² Garage Sale 9-1
³	⁴ Half price day 9-12 Clean up 1	⁵ Social Hour 3	⁶ Bridge 9:30 Exercise 1:30	⁷ Frankenmuth sign up Crafts 9:30 Euchre 1 Community Meal 6	⁸ Dominos 9:30 Hand & Foot 9:30 Bowling 9:30	⁹
¹⁰	¹¹ Dinner Meeting noon Exercise 1:30 Bingo 2:30	¹² Line Dance 11 Dulcimers 1 Social Hour 3	¹³ Breakfast @ school Bridge 9:30 Exercise 1:30 Song Circle 2:30	¹⁴ <u>Warther</u> sign up Crafts 9:30 Euchre 1 Square Dancing 7	¹⁵ Hand & Foot 9:30 Bowling 9:30 Dominos 9:30	¹⁶
¹⁷	¹⁸ Exercise 1:30 Egg decorating 1:30 Bingo 2:30	¹⁹ Dulcimers 1 Social Hour 3	²⁰ Bridge 9:30 Exercise 1:30	²¹ Crafts 9:30 Euchre 1 Community Meal 6	²² Bowling 9:30 Dominos 9:30 Hand & Foot 9:30	²³ Farmers Market 8:30-noon
²⁴	²⁵ Toenail Clinic 9:30 Exercise 1:30 Bingo 2:30	²⁶ Line Dance 11 Dulcimers 1 Social Hour 3	²⁷ Bridge 9:30 Exercise 1:30 Song Circle 2:30	²⁸ Crafts 9:30 Euchre 1	²⁹ Dominos 9:30 Hand & Foot 9:30 Bowling 9:30	³⁰
³¹						



Our 18-acre Maple Crest Campus is the Bluffton area's premier independent and assisted living campus for persons 55-plus

**700 Maple Crest Court
Bluffton**

419-358-1015
www.mhcoliving.org

Fortman Insurance



Ottawa
419.523.4500

Bluffton
419.358.4600

- Medicare Products
- Medical
- Life
- Vehicles
- Home
- Farm
- Commercial



FortmanIns.com

Check Open Enrollment Dates

Vance Street Apartments

- Newly Renovated Efficiency & 1-bedroom Apartments

• Please call for an appointment!



- Equal Housing Opportunity
- Rental based on income
- 55 years of age & older must income qualify

TDD# 800-750-0750

137 Vance St • Bluffton
419-358-7795

Serving our community for over 50 years



Bluffton Senior Citizens Center

With over 700 members strong!

**132 N Main St.
Bluffton, Ohio 45817
419-358-8971**

Hours:

Mondays-Fridays 9 a.m. to 4 p.m.

E-mail:

Srcenter @wcoil.com

Facebook:

Bluffton Ohio Senior Center

Staff

Tonya Meyer, director
Deb Beer, craft director
Shirley Sommer, secretary
Debbie Klingler, assistant director

Board members:

Harlan Basinger, president
Larry Core, vice-president
David Herr, secretary
Bev Armstrong
Kathy Bogart
Bev Baxter
Barb Paxson
Robert Holman
Beth Lamb

**Bluffton Senior Citizens Assn.
annual membership
\$20**

**Bluffton Area Chamber
of Commerce member**



Larry Core's hat collection display in hobby center

In February, we had a display of items for the garage sale. Thank you, Louise, for helping set up the display. In March, we will display Larry Core's hat collection. If you have a collection, hobby or art work that you would be willing to display, let Tonya know.

Community meals March 7 and 21

March 7, St. Mary's Catholic Church will serve the Community Meal. St. John UCC will serve on March 21. All meals start at 6 p.m. and are free and open to the public. A good will offering will be taken to support the food pantry.

BOWLING

Jan. 5

Men's High Score

Jerry Cupples	183
Jim	181
Rick Mawhorr	171
Harlan Basinger	146

Woman's High Score

Shelly Patterson	162
Sue Mawhorr	113
Pat Basinger	109
Nancy Buettner	108

Men's High Series

Jerry Cupples	346
Jim	296
Rick Mawhorr	292
Dick Marquart	274

Women's High Series

Shelly Patterson	298
Sue Mawhorr	210
Rick Fields	288

Women's High Series

June Fields	247
Pat Basinger	243
Bev Armstrong	227
Pat Basinger	205

Jan. 12

Men's High Score

Jerry Cupples	205
Rick Mawhorr	194
Russell Koontz	176
Chuck Sehlhorst	147

Women's High Score

Evelyn Grace	142
Bev Armstrong	140
Beth Lamb	111
Pat Basinger	111

Men's High Series

Jerry Cupples	404
Rick Mawhorr	330
Russell Koontz	320
Chuck Sehlhorst	293

Women's High Series

Evelyn Grace	275
Bev Armstrong	240
Beth Lamb	221
Pat Basinger	201

Jan. 26

Men's High Score

Jerry Cupples	258
Larry Armstrong	166
Chuck Sehlhorst	164
Rick Fields	144

Women's High Score

June Fields	134
Bev Armstrong	127
Pat Basinger	124
Sue Mawhorr	103

Men's High Series

Jerry Cupples	430
Chuck Sehlhorst	312
Larry Armstrong	290