

Danube and Poland tour highlights Oct. 9 dinner

TIME: Monday, Oct. 9, 6 p.m. **PLACE:** Bluffton Senior Center

WHAT: Our meal will be served by Ted's Market in Pandora. We will have shredded chicken sandwiches, cole slaw, bowtie macaroni salad and cheese cake. The cost is \$9 and reservations must be made by Oct. 4.

MC: David Campbell

PROGRAM: Pat Basinger will present Danube River Cruise and Poland Tour. Come and see pictures and hear stories of our trip to Europe.

In October, Betty Shelly will turn 90 years young. We will celebrate Betty's Birthday at our Monthly Dinner Meeting with a red rose and Life Membership. Congratulations Betty.

Dennis Sheidler tells about his Appalachian Trail experiences

Wednesday, Oct. 25, at 2:30 p.m., Dennis Sheidler will present a power point presentation of "The Appalachian Trail." Dennis has hiked the Appalachian Trail in sections and will share photos and maps. Dennis Sheidler completed the nearly 2,200-mile Appalachian Trail last year when he summited Mt. Katahdin on July 5, 2022. This feat took 14 years of section hiking. The A.T. begins at the top of Springer Mountain in Georgia and winds through 14 states before ending at the peak on Mt. Katahdin in Maine. Mantis, as Sheidler is known on the trail, will share fun facts about the trail, the large variety of hikers and animals he encountered, the food and gear he carried, and the types of shelters he spent the night in.

Bluffton ghost stories told Oct. 18

Fred Steiner will present a program of Bluffton ghost stories at 2:30 p.m., Wednesday, Oct. 18. The stories are from his newest book "Where Bluffton's Ghosts Sleep," released in late September.

Containing every unexpected and cryptic Bluffton epic ever imagined, you'll meet the ghosts of Maple Grove Cemetery, Riley Creek, Bluffton University, Bluffton Middle School, the Swiss Settlement of the 1800s and those of several area ghost towns.



112 E. Main St. Pandora 419-384-3303

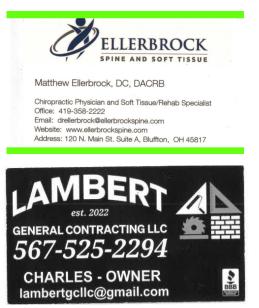
Monday-Friday 8:30 am -6:30 pm Saturday 9 am - 1pm

October,

2023







Tai Chi class offered Oct. 3 to Nov. 21

The Bluffton Senior Center will be hosting the Area Agency on Aging's Tai Chi class starting Oct. 3 and running through Nov. 21 on Tuesdays and Thursdays from 9:30 - 10:30 a.m. The 10-week class is free but at this time the class is full. The class is limited to ten people.

This Tai Chi class is an evidence-based group program that focuses on improving functional ability, such as balance and physical function, to reduce fall-related risks and frequency.

The program utilizes Tai Chi's Sun style for its ability to improve relaxation, balance and its ease of use for older

adults. The movements are taught to both left and right sides and with turns to move forward and backward to improve mobility and offer a variety of combinations.

We are taking standby. If we have enough interest, we might be able to offer it again.

Christmas garage sale Oct. 27-28



Our Annual Christmas Garage Sale will be Friday, Oct. 27, from 9 to 5 and Saturday, Oct. 28, from 9 a.m. to 1 p.m. Set up day will be Thursday, Oct. 26, at 10:45 a.m.

We need volunteers to help set up on Thursday and clean up on Saturday at 1 p.m. Peanut Brittle will start on Monday so we have to clean up the sale to get the Senior Center ready. We could also use some help during the sale. Please let Tonya know if you can help.

Christmas garage sale

We will be accepting donations for the sale until Wednesday, Oct. 25. Please no clothing or shoes, just clean usable Christmas items.

Peanut brittle season starts Oct. 30

Believe it or not, it is time to start making peanut brittle again. We will start making the candy on Monday, Oct. 30, at 8 a.m.

We need at least 30 volunteers to make it work smoothly. We have jobs for everyone, so grab a friend and come on out. We will continue making peanut brittle every Monday in November.

If you can't make it every week, come when you can.





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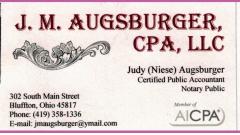


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Hobby Center

Mystery trip artwork exhibit

In October, we will fill the Hobby Center with the pictures that were painted during the Mystery Trip, Creative Day Away.

Anyone who was on the trip and would be willing to show off their artwork (anonymously), please bring it in and give to a staff member to display. If you have a collection, artwork or hobby that you would like to share, let Tonya know.



Oct. 5 and Oct. 19

Thursday, Oct. 5, at 6 p.m., the Bluffton Lion's Club will be serving the Community Meal. St. Mary's Catholic Church will be serving on Oct. 19, at 6 p.m. All meals are free and open to the public, so invite a friend or relative. A good will offering will be taken to benefit the local food pantry. We try to announce the menu on our Facebook page the day of the meal.

Toenail clinic Oct. 23

Dr. Kirk will be at the Senior Center on Monday, Oct. 23, at 9:30 a.m. for our next Toenail Clinic. Appointments are required and can be made in the office or by calling 419-358-8971. Cost is \$10 due at the time of appointment.



Bus trip policy changes

We have changed our trip policies to solve some problems and concerns that we have been hearing. These changes will go into effect with the 2024 trips. One of the biggest changes will be a start date for signing up for a trip. This gives everyone the same chance at getting on a trip. Day trips will need to be paid in full at the time of sign up and overnight trips will no longer be allowed to be signed up over the phone. A copy of the bus trip policy is available at the office and is printed at the end of this newsletter. M&R PLUMBING & HEATING INC. COMMUNITY MAYTAG

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CARDS SENT

Sent cards to the following members in the hospital...

Barb Krugh Ruth Early **Barb** Paxson Peg Murphy

SYMPATHY

We express our deepest sympathy to family and friends of ...

Ann Rankey Welch on the death of her son Jodi Diller on the death of her mother Jack Steiner

COACH TRIPS WITH TONYA

OSU Marching Band performance

We will travel to Van Wert to the Niswonger Performing Arts Center to see the "Best Damn Band in the Land" on Wednesday, Nov. 1. Supper takes place before the show at Mi Ranchito. Our departure time is 3:34 p.m.

Sports Center Lanes

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Daily Lunch Specials Friday - (all you can eat) fish fry 10:30-7 pm Wednesday - Mexican food 10:30-7 pm Sundays - BBQ chicken dinners - seasonal

Cosmic Bowling - Friday nights



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COACH TRIPS WITH TONYA

Opryland Dec. 10-13; payment due Oct. 9

There are still spots available on this tour. Enjoy the sights and sounds of Christmas in Nashville. We will be staying at the Grand Opryland Resort.

We will have boat rides, concerts, lights, ice sculptures and the Grand Ole Opry. The price includes the coach ride to and from Nashville.

Optional tour available to visit Nashville highlights. Prices start at \$1757. Final payment is due Oct. 9.

BUS TRIPS WITH DEBBIE

Holmes County Overnight

Holmes County Overnight @ Encore Hotel & Amish Country Theater, Oct. 11-12, ~ This will be a fun-filled trip with stops at Lehman's Hardware, Walnut Creek Cheese, Berlin Farmstead Buffet, and a Beach Boys Tribute for our evening entertainment! See brochure for more details. \$227 (\$50 deposit due @ sign-up) depart @ 9:30 a.m. We still have lots of seats available on this tour.

Miracle on 34th Street

Miracle on 34th Street Musical, Nov. 29, @ La Comedia ~ Don't miss this touching musical version of the classic holiday film that proves that "miracles" do happen. Miracle on 34th Street is one of La Comedia's most popular and beloved shows! \$107 <u>due Sept. 29th (depart @ 9 a.m.)</u>

Daniel O'Donnel Christmas

Daniel O'Donnell Christmas and More Concert, Dec. 1 @ Blue Gate. Danny will entertain us after we have a lovely Amish style lunch at the Blue Gate in Shipshewana, IN. Blue Gate has a no bag policy. See the back of the sign-up sheet for details. \$130.00 due Oct. 30 (depart 9 a.m.)



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2024 TRIPS

"Daniel" at Sight & Sound Theater March 19-21

From the fiery furnace to the notorious den of lions, DANIEL is an amazing theatrical experience! See one of the Bible's most hope-filled stories as it comes to life in this brand-new original stage production from Sight & Sound Theatres.

This trip includes a motor coach, 2 nights lodging, 4 meals, two breakfasts, 4 shows/attractions, shopping, \$532 per person/double occupancy. Registration and \$100 deposit due @ sign-up. Balance due by: Jan. 15, 2024. Brochures available in the office.

The first day to sign up for this trip will be Wednesday, Oct. 18, starting at 9 a.m. (see the new trip policy)

Mystery trip revealed!

Thursday, Aug. 31, was a beautiful day for our first stop, around the block to the front of the Senior Center, for a fantastic pottery demo with Bob Minto. We learned that clay is made from igneous rock!

Then we headed to Scramblers in Findlay and had a relaxing and yummy brunch. Next, we took our mystery travelers to The University of Findlay to see the Mazza Collection and the STEAM room (science, technology, engineering, art and math).

Then we headed to Awakening Minds Art Studio for an opportunity to paint some beautiful sunflower art. Emily did a wonderful job taking everyone thru step by step instructions. The motto for their Art Studio: "We believe that art can benefit everyone and that it should be accessible to all!"

Everyone's paintings were unique and beautiful! After all that wonderful painting I thought our last mystery stop of the day should be ice cream at Findlay's finest, Dietsch Brothers. Thanks to all who participated in our Creative Day Away Mystery Trip! ~Debbie



Sept. 8 **Men's High Score**

Jerry Cupples	182
Joe Herrmann	178
Larry Armstrong	156
Chuck Selhorst	132

Women's High Score

Evelyn Grace 144 Kathy Bogart 109 Beth Lamb 106 Tonya Meyer 104



Men's High Series Jerry Cupples 330 Joe Herrmann 294 Larry Armstrong268 **Rick Mawhorr252**

Women's High Series

Kathy Bogart 215 Evelyn Grace 207 Pat Basinger 201



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ACTIVITIES

The days are shorter and colder but it is warm and bright in the Senior Center. So come and join us for some fun activities. We always have Corn Hole, Wii bowling, board games and puzzles that can be played anytime.

Bowling Fridays at 9:30 at Southgate Lanes

Bridge Wednesdays at 9:30 a.m.

Crafts Thursdays at 9:30 a.m.

Dominos Fridays at 9:30 a.m.

- **Dulcimers** Tuesdays at 1 p.m. (except the first Tuesday - at the library)
- **Exercise Class** Mondays and Wednesdays at 1:30 p.m.

Euchre Thursdays at 1 p.m.

Hand and Foot Fridays at 9:30 a.m.

Social Hour Tuesdays at 3 p.m.

Bingo

Monday, Oct 2 at 2:30 p.m. With Bridge Home Health

Monday, Oct 9 at 2:30 p.m With Mennonite Home Communities of Ohio

- Monday, Oct 16 at 2:30 p.m. With HCS Management
- Monday, Oct 23 at 2:30 p.m. With Liberty Retirement

Cooking Class Wednesday, Oct 18 at 11 a.m. With Sunrise of Findlay

- Line Dance Class Oct 10 & 24 at 11 a.m., \$2 members, \$3 non-members
- Song Circle Oct 11 at 2:30 p.m.
- Western Square Dance Oct 12 and 26 at 7 p.m., \$3 members, \$4 non-members

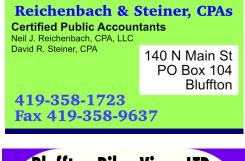
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October calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Exercise 1:30 Bingo 2:30	3 Tai Chi 9:30 Social Hour 3	4 Bridge 9:30 Exercise 1:30	5 Tai Chi 9:30 Crafts 9:30 Euchre 1 Community Meal 6	6 Dominos 9:30 Hand \$ Foot 9:30 Bowling 9:30	5
8	9 Exercise 1:30 Bingo 2:30 Monthly Dinner Meeting 6	10 Tai Chi 9:30 Line Dance 11 Dulcimers 1 Social Hour 3	11 Bus trip to Holmes Co 9:30 Bridge 9:30 Exercise 9:30 Song Circle 3	12 Tai Chi 9:30 Crafts 9:30 Euchre 1 Square Dance 7	13 Dominos 9:30 Hand and Foot 9:30 Bowling 9:30	1/
15	16 Exercise 1:30 Bingo 2:30	17 Tai Chi 9:30 Dulcimers 1 Social Hour 3	18 Meal at school 8:30 Sign up day Daniel Bridge 9:30 Exercise 9:30 Bluffton Ghost 2:30	19 Tai Chi 9:30 Crafts 9:30 Euchre 1 Community Meal 6	20 Dominos 9:30 Hand and Foot 9:30 Bowling 9:30	2:
22	23 Toenail Clinic 9:30 Exercise 1:30 Bingo 2:30	24 Tai Chi 9:30 Line Dance 11 Dulcimers 1 Social Hour 3	25 Bridge 9:30 Exercise 9:30 Appalachian Trail Talk 2:30	26 Tai Chi 9:30 Crafts 9:30 Set up sale 10:30 Euchre 1 Square Dance 7	27 Christmas Garage Sale 9 Dominos 9:30 Hand Foot 9:30 Bowling 9:30	28 Christmas Garage Sale 9 -: Clean up 1
29	30 Peanut Brittle 8 Exercise 1:30	31 Tai Chi 9:30 Dulcimers 1 Social Hour 3				

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Bluffton Senior Citizens Association Bus Trip Policy

<u>Sign up</u>

The Bluffton Senior Citizens Association will officially announce new trips in the monthly newsletter. When first announced, a sign-up date will be announced. No one will be able to sign up for a trip before the sign-up date. Sign-ups will be allowed until the seats are full or it is determined that we need to close a trip.

A person is only allowed to sign up themselves and one other person for a trip.

Day Trips: Payment for day trips will be due at time of sign up. If someone is signing up two people, they must pay for two people. If signing up over the phone, payment must be made by credit card. See cancellation policy for refunds.

Overnight trips: No sign-ups will be allowed over the phone. Reservations for overnight trips must be made in person or by mail. A reservation form and deposit must be made at the time of sign-up. We will not take credit cards for overnight trips unless the tour company can take the credit card directly. Please check the tour company's cancellation policy. If they do not have one, our cancellation policy takes effect.

Cancellation Policy

The Bluffton Senior Citizens Association reserves the right to cancel a trip or tour for any reason. In the event of a cancellation by the Senior Center, money will be refunded in a timely manner. When a trip is cancelled by a traveler, the following policy will be used: If cancelled 90 days or more before the date of the trip, a full refund will be given. If cancelled between 45 and 90 days of the trip date, 50% refund will be given unless we can fill the seat. If cancelled less than 45 days before the trip date, 0% will be refunded unless we can fill the seat. If cancelled less than 5 days before the trip, no refund will be given. If the Senior Center is using a tour company to plan the trip, their cancellation policy takes precedence over ours. Please read the information from the tour company carefully.

Other Information

The Bluffton Senior Citizens Association will not be held responsible for delays or disruptions caused by acts of God, public enemies, terrorist, authority of law, public works or events out of our control and doesn't guarantee to arrive at or depart from any point at a specific time.

No alcohol, drugs, smoking, vaping or weapons are allowed in the Bluffton Senior Center or on a coach during a Bluffton Senior Center tour.

Non-members of the Bluffton Senior Center are subject to an additional charge of \$20 or the amount of membership, over and above the quoted trip price.

The Escort or Senior Center representative reserves the right to request emergency contact information from anyone traveling with the Bluffton Senior Center.



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Hours: Mondays-Fridays 9 a.m. to 4 p.m.

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Tonya Meyer, director Deb Beer, craft director Shirley Sommer, secretary Debbie Klingler, assistant director

Board members:

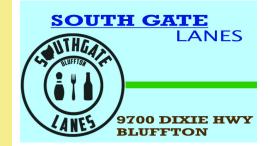
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