

## Bluffton Schools Lunch Menu

# October 2019

|  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday       |
|--|--|---|---|---|--------------|
| <b>Sept 30</b>   |  | <b>Oct-1</b>  | <b>2</b>  | <b>3</b>  | <b>4</b>     |
| Shredded Chicken<br>Green Beans<br>Apple Crisp<br>Milk<br>Ala-Carte: Fiestada                                      | Bosco Cheese Breadstick<br>Chili Soup<br>Toss Salad<br>Pears<br>Milk<br>Ala-Carte: Soft Pretzel          | Pizza<br>Romaine Salad<br>Apple<br>Milk<br>Ala-Carte: Fruit Pizza   | HS - Grilled Cheese & Tomato Soup<br>EL & MS - Mini Corn Dogs<br>French Fries<br>Blueberries<br>Milk<br>Ala-Carte: Luke's Pizza | Walking Taco w/Beef, Cheese & Lettuce<br>Black Beans<br>Sorbet Frozen Fruit Cup<br>Milk<br>Ala-Carte: Chicken Nuggets |              |
| <b>7</b>   |  | <b>8</b>  | <b>9</b>  | <b>10</b>   | <b>11</b>    |
| Hot Dog/Coney Dog<br>Baked Beans OR Toss Salad<br>Peaches<br>Milk<br>Ala-Carte: Garlic Flatbread                   | French Toast Sticks<br>Sausage Links<br>Tator Tots<br>Oragne Juice<br>Milk<br>Ala-Carte: Mini Chef Salad | Popcorn Chicken<br>Carrots<br>Fruit Cup<br>Milk<br>Ala-Carte: French Bread Pizza  | BBQ Pork<br>Mac & Cheese<br>Peas<br>Pears<br>Milk<br>Ala-Carte: Baked Potato  | Round Pizza<br>Romaine Salad<br>Fresh Fruit<br>Milk<br>Ala-Carte: Taco Soup   |              |
| <b>14</b>  |  | <b>15</b>   | <b>16</b>   | <b>17</b>   | <b>18</b>    |
| Nachos w/Chicken & Cheese<br>Black Beans<br>Toss Salad<br>Fruit Cup<br>Milk<br>Ala-Carte: Hot Wings                | Cheeseburger<br>French Fries<br>Cherry Crisp<br>Milk<br>Ala-Carte: Chili Cheese Fries                    | Spaghetti w/Sauce<br>String Cheese<br>Romaine Salad<br>Grapes<br>Milk<br>Ala-Carte: Garlic Bread                              | Chicken Nuggets<br>Green Beans<br>Applesauce Cup<br>Milk<br>Ala-Carte: Luke's Pizza   | Stuffed Crust Pizza<br>Carrots w/Dip OR Toss Salad<br>Juice Slushie Cup<br>Milk<br>Ala-Carte: Baked Spaghetti         |              |
| <b>21</b>  |  | <b>22</b>   | <b>23</b>   | <b>24</b>   | <b>25</b>    |
| Hot Dog/Coney Dog<br>French Fries OR Carrots<br>Mandarine Oranges<br>Milk<br>Ala-Carte: Shredded Chicken Sandwich  | Turkey Wrap<br>Cucumber Slices w/Ranch<br>Fruit<br>Milk<br>Ala-Carte: Pizza Breadstick                   | Burrito Bowl: Rice, Chicken, Cheese, Black Beans, Romaine<br>Corn Salsa<br>Fruit Cup<br>Milk<br>Ala-Carte: Chips & Queso      | Chicken Noodles<br>Mashed Potatoes w/Gravy<br>Mixed Fruit<br>Milk<br>Ala-Carte: Fiestada  | Round Pizza<br>Romaine Salad<br>Fresh Fruit<br>Milk<br>Ala-Carte: Chicken Broccoli Casserole                          |              |
| <b>28</b>  |  | <b>29</b>   | <b>30</b>   | <b>31</b>   | <b>Nov-1</b> |
| Chicken Breast<br>Romaine Salad<br>Mandarine Oranges<br>Cranberries<br>Crackers<br>Milk<br>Ala-Carte: Soft Pretzel | BBQ Smokies<br>Mac & Cheese<br>Peas<br>Apple<br>Milk<br>Ala-Carte: Boneless Wings                        | Walking Taco w/Chips, Beef, Cheese & Lettuce<br>Black Beans<br>Juice Slushie Fruit Cup<br>Milk<br>Ala-Carte: Garlic Flatbread | Popcorn Chicken<br>Romaine Salad<br>Fruit<br>Milk<br>Ala-Carte: Luke's Pizza  | Pizza<br>Carrots w/Dip<br>Fresh Fruit<br>Milk<br>Ala-Carte: Baked Potato  |              |

Non-discrimination Statement: In accordance with Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D. C. 20250-9410 or call toll-free (866) 632-9992 (Voice), individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 945-6136 (Spanish). USDA is an equal opportunity provider and employer.