

# The Golden Age News

Published monthly by:

# **Bluffton Senior Citizens Center**

132 N. Main St - Bluffton Ohio - 45817

419-358-8971

srcenter@wcoil.com

www.blufftonseniors.org

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# SEPTEMBER 2019

2 Closed for LABOR DAY Aon.

Tue. 3 Dance, 6 p.m. -8 p.m.

Wed. 4 Quilting & Crafts OVAL Class, 10 a.m. Potluck, 12 noon Exercise Class, 1:30 p.m.

Thurs. 5 Bowling, 9:30 a.m. Euchre, 1 p.m. Community Meal, 6 p.m. by **Bluffton Presbyterian Church** 

Fri. 6 Dominos, 9:30 a.m.

Mon. 9 Exercise Class, 1:30 p.m. Bingo w/Maple Crest, 2:30 p.m. Monthly Dinner Meeting....

.....Cancelled.....

10 Line Dance, 3 p.m. Tue. Dance, 6 p.m. - 8 p.m.

Wed. 11 Quilting, Crafts Potluck, 12 Noon Exercise Class, 1:30 p.m.

Thurs. 12 Bowling, 9:30 a.m. Euchre, 1 p.m.

Fri. 13 Dominos, 9:30 a.m.

Mon. 16 Exercise Class, 1:30 p.m. Bingo w/ Elmcroft, 2:30 p.m.

17 Dance, 6 p.m. - 8 p.m. Tue.

Wed. 18 Quilting, Crafts Potluck . 12 Noon Exercise Class, 1:30 p.m.

Thurs. 19 Bowling, 9:30 a.m. Euchre, 1 p.m. Community Meal, 6 p.m. By Ebenezer Menn. Church

Fri. 20 Dominos, 9:30 a.m.

Mon. 23 Toenail Clinic, 10 a.m. Exercise Class, 1:30 p.m. Bingo w/Good Samaritan At 2:30 p.m.

Tue. 24 Line Dance, 3 p.m. Dance, 6 p.m. - 8 p.m.

Wed. Quilting, Crafts 25 Potluck, 12 Noon Exercise Class, 1:30 p.m.

Thurs. 26 Bowling, 9:30 a.m. Euchre, 1 p.m. Western Square Dance, 7 p.m.

Fri. 27 Dominos, 9:30 a.m. OVAL, 1 p.m.

30 OVAL, 10 a.m. Mon. Exercise, 1:30 p.m.





# SEPTEMBER DINNER MEETING

BECAUSE OF STAFFING THE DINNER MEETING IN SEPTEMBER IS CANCELED. Please join us next month. We will make the Dinner Meeting extra special to make up for the cancelation this month.

Congratulations to Joanne Niswander who turns 90 years young in September. Joanne is unable to come to the October Dinner Meeting, but we gave her LIFE MEMBERSHIP to her by mail.

#### **HOBBY CENTER**

Barb Deeds brought the County Fair to the Senior Center with her Fair Jugs. Thank you Barb for sharing. In September, Carolyn Rich, will share her collection of cut paper. If you have a collection, hobby, or art work that you would like to share, let Tonya know.

### LABOR DAY!!!

The Bluffton Senior Center will be <u>closed</u> <u>on Monday, September 2<sup>nd</sup></u> in honor of Labor Day.

## **DEB'S WORKSHOP**

Deb will be gone on the second Wednesday so there will not be a Deb's Workshop in September.

# **BOWLING**

IT'S TIME!!! Bowling will start September 5<sup>th</sup> at 9:30 a.m. and will continue every Thursday after for the season. Please come early to pick your lane. We all have a great time and would enjoy having new people join us. Make some new friends and get some exercise by bowling with us.

#### **DANCES**

Every Tuesday night, the Senior Center hosts a Dance with a DJ and everyone is welcome. The Dance is FREE for members and \$1.00 for non-members. Line Dance classes are Tuesday, 3 p.m., September 10<sup>th</sup> and 24<sup>th</sup>. The cost is \$2.00 for members and \$3.00 for non-members. Western Square Dance class is Thursday, September 26<sup>th</sup> at 7 p.m. The cost is \$2.00 for members and \$3.00 for non-members. Come and join the fun.

#### **BINGO!!**

Because we are closed on the <u>first Monday of the month in September</u>. Maple Crest will have Bingo on Monday, September 9<sup>th</sup> at 2:30 p.m. Elmcroft has Bingo on the 3<sup>rd</sup> Monday and Good Samaritan has the 4<sup>th</sup> Monday. NO CHARGE and all are welcome!

### TOENAIL CLINIC

The next Toenail Clinic will be Monday, September 23<sup>rd</sup> at 10 a.m. Appointments can be made by stopping by the Sr. Citizen's Center or call 419-358-8971. Cost is \$10.00.

# COACH TRIPS WITH TONYA 2019

Colorado's Vintage Railways Sept. 8-16, 2019 We will be pulling out of the parking lot at 7:15 a.m. on Sept.  $8^{th}$ . Please let Tonya know if you are leaving your car in the parking lot for the duration of the trip.

#### 2020

Oberammergau May 20-30, 2020 There is still time to sign up for this once every 10-year trip to Europe. We will see the Passion play, explore the Alps, visit with farm families, see historic cities and meet travelers from around the United States. Brochures are in the Center or call for details.

### WE WELCOME NEW MEMBERS...

Wm & Stephanie Amstutz, Bluffton Marsha Hector, Leipsic Don Hostetler, Bluffton Diana Campbell, Bucyrus Agnes, Davis, Bluffton Jean Reichenbach, Bluffton

# SENT CARDS TO THE FOLLOWING MEMBERS IN THE HOSPITAL...

Orval Davis Ellen Mae Miller Midge Moser

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- Wilma Sanyi

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The new books and DVD's that are added to our library are donations that have come in. We are literally juding these books and DVD's by their covers. We don't have time to read or watch them all or even read reviews. If you take a book out and you think it is not well written or has too many curse words or if the book someway offensive, please let us know when you bring it back. The same goes with the DVD's. This will help us as we weed out the collections to make room for new ones. If you take a puzzle out and there are pieces missing, please let us know that also. Thanks.

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# Bus Trips with Debbie

New Port Aquarium Thursday, October 10th

Enjoy a wonderful lunch at the Hofbrauhaus. Then a "Behind the Scenes" tour at the Aquarium as well as some free time on your own!

\$96.00 (due Sept. 10th) depart@ 8:00am

Christmas of Yesteryear~ Monday, December 2<sup>nd</sup> -\$75 (due 10/2/19)

Christmas Favorites presented by Ron Retzer Trio including the Armonica. Enjoy a delicious lunch at the Der Dutchman in Plain City followed by old favorites to get you in the Christmas Spirit ~ depart@ 8:45am

### New for 2020

The King and I ~ Thursday March 12th-\$84 (due Feb. 12th)

A Wonderful Day and Timeless Classic at La Comedia. Delicious food and scrumptious signature sweet potato casserole and breads!! depart@ 8:30am

WASHINGTON DC -Coming April 3-6<sup>th</sup>!! 4 Days- 3 Nights Starting at \$659 <u>Cherry Blossom Festival and so Much More!!</u> \* See Brochure for Details\*

More Exciting Trips for 2020 ~ (watch here for details!)

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### **DEBBIE'S MYSTERY TRIP**

Debbie did a great job on her first Mystery Trip. Thirty-three (33) people headed out of Bluffton on a very hot day. The first stop was the Canal Museum in Delphos. Only one person on the coach had been there before and some even had a chance to play the player piano. The next stop was lunch at the Black Angus on main street in VanWert, Ohio. After a leisurely lunch of roast beef, we went to the Niswonger Performing Arts Theatre for a tour. We learned how they used the school when big productions came in and how and why they planned to expand. The next stop was the VanWert Court House where we learned the history of the building and what it took to restore it in all it's glory. Our last stop was the Creamery in Delphos where we all enjoyed "too much" of the ice cream.

## **FALL PREVENTION**

The Area Agency on Aging 3 would like to invite you to the Fall Prevention Awareness Day 2019 on Monday, September 23rd from 10 a.m. to 12 noon at 2423 Allentown Rd., Lima, OH. Join them to learn about fall risks and ways to prevent falls among older adults. Several community partners will be in attendance to educate, increase awareness, and help provide resources on falls and fall prevention for older adults. Questions call DreWhite at 567-204-6900.

### AUGUST MONTHLY MEETING

August 12th, thirty-six (36) people came to the Senior Center for our monthly gathering of a catered meal by the Dough Hook of sandwiches, salads, and cookies plus drinks. Armstrong, MC, greeted our guests and reminded them all how lucky we are to have such a nice place and an active Sr. Center to enjoy with good leaderships plus the many activities. She then had a pray before the meal. When done eating, Tonya, explained how the "game", the entertainment, was to be played. Each one present wrote on a piece of paper a story or something that they experienced that NO ONE knew that happened to them. Bev than honored birthdays and anniversaries for August. Tonya and Debbie both shared about their trips coming up for 2019 and 2020. The stories then were collected and Tonya would pick four people to come to the front and read a story and people in the crowd had to pick one of the four that belonged with it. When done, we all learned something new about each other that we didn't know before. A lot of laughing was done and visiting when we were dismissed.

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Our Version of Adult Learning are classes designed for senior citizens who enjoy learning. They are open to everyone. Many of the classes are free but we take up a collection to help cover the cost of speakers, postage and other expenses. Most classes, we ask for reservations and those can be made by phone or in person it the office. We also ask everyone to sign in on the day of the class so we can keep a good record of evolvement. If you have questions, please ask.

Wednesday, September 4 at 10 a.m. Alice Warigia Hinga will present "Tumaini Brooks Centre in Kenya." The Centre schools, feeds and cares for poor children in Kenya. Alice is from Kenya and works for the Centre. She will be in Bluffton for only a week and will be at the Senior Center to tell us about the Tumaini Brooks Centre. There is no fee for this class and no reservations are needed.

Friday, September 27 at 1 p.m. Della Salter will present "Thailand." This is rescheduled from the spring when it got flooded out. Come and see pictures of Della's trip to Thailand including riding an elephant. There is no fee for this class but reservations are requested.

Monday, September 30 at 10 a.m. Linda Pollitz will present "Brain Health." Linda was here in April and did a program on the signs of Alzheimer's. She is back to teach us how to keep our brains healthy. There is no fee for this class but reservations are requested.

Monday, October 7 at 10 a.m. Shelley Kotz will present "Lucretia Mott." Lucretia Mott was a Quaker woman of the 19th century known for both her abolitionist activity as well as for being one of the leaders in the early women's rights movement. Shelley will portray Lucretia. She does this as part of a program called Women in History which is a part of Toledo Branch American Association of University Women. There is no fee for this class but reservations are requested.

Friday, October 11 at 1 p.m. Tonya Meyer will present the movie "On the Basis of Sex." The movie is based on Ruth Bader Ginsburg's early career and her fight against gender discrimination. We will have free popcorn with the movie and open discussion after the movie. There is no fee for this class and no reservations required.

Monday, October 14 at 2 p.m. at Maple Crest the Hancock Historical Society will present "ABC's Graveyards." The program is free and open to the public. Please meet at Maple Crest.

Wednesday, October 16 at 10 a.m. Janette Reineke will present "Painting Flowers the Easy Way." Jeanette will provide everything you need for this project. This class is limited to 12 people so that Jeanette can give individual attention to each student. If there is enough interest, she will present the class again on October 30. The cost of the class is \$70 for members and \$75 for non-members. Please wear old clothes. Reservations are required.

Thursday, October 17 at 10 a.m. Daniel Hodges from the Johnny Appleseed Park District will present "Ohio Fall Foliage." Daniel is returning with another great program. Come and celebrate the beauty of Fall with us. There is no fee for this class but reservations are requested.

Monday, October 21 at 10 a.m. Cheryl Fortman with AARP will present "Caregiving." We never know when we will be thrust into the roll of caregiver for a loved one. Come and prepare yourself for one of the most important rolls of your life. There is no fee for this class but reservations are requested.

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