

SPRING 2019

April/May June at BFR



Bluffton Family Recreation • 215 Snider Road • Bluffton, Ohio 45817
www.bfronline.com • 419-358-4150

Classes for youth

Homeschool Rec Class

Lots of different activities in the soccer arena. Fridays, 10 a.m. (Free for members/ \$15 non-members)

Little Movers: (4 week session)

Get the wiggles out with preschool fun and games. Fridays 10:15 to 11 a.m. 18 months to 5 years (\$12/\$24)

Li'l Tumblers

Learn to somersault, do a cartwheel, walk the balance beam and increase flexibility. Wednesdays, 4 to 4:45 p.m. Ages 5 to 8 (\$12/\$24)

Li'l Racquets

Introduction to tennis. Learn the basics of forehand, backhand and serving. Mondays 5:30 to 6:30 p.m. Ages 5-10. (\$12/\$24)

Mad Scientists

Have fun doing controlled experiments with adult supervision, including dry ice, eggs, hot water and liquid nitrogen. Fridays 6:15 to 7 p.m. Ages 5-12 (\$24/\$48)

Open Play

Join in the fun in open play for youngsters 18 months to 5-year-olds. Wednesdays and Fridays 11 a.m. to noon. (Members free; \$1 program participants)

May the 4th be with you!

Kid's night out returns May 4 Same night at reverse raffle

Attention parents, especially those planning to attend the Bluffton Athletic Boosters reverse raffle:

The next BFR kid's night out, is Saturday, May 4, from 5 to 11 p.m. Open to youth ages 4 to 12, it provides many Star Wars- themed activities and games.



Kids are encouraged to dress up as their favorite Star Wars character. And, there will be a pizza, soft drinks and snacks. Registration is now underway and the cost is \$20 for members and \$30 for non-members.

Get ready for youth leagues & clinics

Here's the spring and summer youth leagues and clinics offered by BFR.

T-Ball registration and play - it's time to play ball

T-ball registration deadline June 24 - Season July 9 to Aug. 8
For boys ages 4 to 6 and girls ages 4 to 7
Tuesdays and Thursdays at Bluffton village park, 6 p.m.

Soccer camp

June 17 to 20 for U8 to U15, 10 a.m. to noon
Camp led by Jared Byers, BHS girls' soccer coach and by team members
Steinmetz Field. Players receive a camp shirt
(\$20 members/\$40 program participants)

Elite basketball skills

Wednesdays, April 10 to May 8, for 6th to 8th graders
(\$25 members/\$50 program participants)

Junior high volleyball clinic

June - watch for details!



Final adult indoor soccer session

The final indoor winter soccer league runs from April 4 to May 9. This is an adults-only league. A tournament is Thursday, May 9. \$400 per team. Cash prize!

Also for adults... tourneys and leagues

Glow Volleyball tournament

Saturday, June 1
\$75 per team, co-ed

Pickleball tournament

Saturday, June 8
\$10 entry; \$5 each
additional event

Sand Volleyball League

June 9 to July 7
Coed 6 vs. 6

Adult Coed Softball

Sundays, June 23 to Aug. 4
\$250 per team

Dunkball tournament

Sunday, April 14
3 vs. 3, 9-foot basketball rims
\$75 per team

Adult softball indoor tournament

Saturday, April 13
Coed, 4 men, 2 women
\$125 per team

Group X and Youth Programming Sessions

- Spring session 2 – April 1 to April 26
- Spring session 3 – April 29 to May 24
- Summer session 1 – May 27 to June 21
- Summer session 2 – June 24 to July 19

For adults this spring...

All Star Aerobics

Mondays and Wednesdays, 8:30 a.m.

This total body workout focuses on posture, body awareness and core. Each class includes fitness styles including plyometrics, step, Pilates and floor work.

Yoga

• *Mondays and Wednesdays, 7-8 p.m.* • *Fridays, 8:30 a.m.*

Emphasis on fitness benefits of yoga, improving strength, flexibility, posture, body awareness, balance and breathing techniques

Shred and Sculpt

Every day, M-F, 7:30 a.m.

For men and women of all fitness levels. Ever-changing workouts with dumbbells and kettle bell weights, med balls, bands and core work mixed with limited cardio portions.

Swim Classes

All swim classes at Mennonite Home Communities of Ohio Maple Crest pool on Augsburg Road.

• Water I

• *Mondays, 9:30 a.m., 6 p.m.*

• *Tuesdays-Thursdays, 9:30 a.m.*

Low impact water exercise focusing on strength and range of motion and cardio.

• Water II

• *Tuesdays-Thursdays, 8:30 a.m.*

Low impact water exercise focusing on strength, range of motions an cardio.

Pickleball

• *Tuesdays, 8:30 a.m., 7 p.m.* • *Thursdays, 8:30 a.m., 5 p.m.*

Paddle sport involving elements of badminton, tennis and table tennis. Two or four players use paddles to hit a ball similar to a wiffleball over a net.

Fit over 50

Mondays-Wednesdays-Fridays, 9:45 a.m.

Move to music through variety of exercises to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and a small ball are offered for resistance.

Open Basketball

• *Mondays and Fridays, noon* • *Wednesdays noon, 8 p.m.*

Pick-up basketball. Open to members and program participants

Cycling

Mondays, 8:30 a.m., 6 p.m. • *Tuesdays, 7:30 a.m., 12:15 p.m., 7 p.m.* • *Wednesdays, 8:30 a.m., 6 p.m.* • *Thursdays, 7:30 a.m., 12:15 p.m., 7 p.m.*

A combination of aerobic and conditioning workout performed on a stationary bike.



United Way partner!

Bluffton Family Recreation is proud to be a part of the Bluffton-Beaverdam-Richland Township United Way. The United Way supports BFR scholarships for memberships and program fees!



Summer camp returns June 3 to Aug. 23

BFR Summer Camp is a full day experience, designed with a wide range of activities guaranteed to expand your child's horizons. It is open to youth ages 5 to 12.

Preschool camp new option this summer

Preschool Camp - for ages 3 to 6)

Preschool camp introduces young children to traditional day camp while their parents/guardian engages in the activities with their camper. Activities are provided every Friday from 9 to 11 a.m. (Except July 4th week camp will be held July 2.)

Each day has its own theme and provides campers with the experience of making new friends, developing new skills, learning core values, building self-confidence and growing in self-reliance.

Themes

June 7 - Sports bug
June 14 - Lil' chef
June 21 - Green gardeners
June 28 - It's buggy out there!
July 2 - Garden fairies
July 12 - Reduce, reuse and recycle
July 19 - Music and rhythm
July 26 - Wacky water day
Aug. 2 - Color me messy
Aug. 9 - Superhero
Aug. 16 - Wild wilderness
Aug. 23 - Camp rewind

Kids have fun while making new friends, developing new skills, learning core values, building self confidence and growing in self-reliance.

Campers experience a variety of indoor and outdoor activities based around weekly themes.

In addition, campers stay active in education through our daily active readers club built into each day.

Join us in making this the best summer ever for your children. See Summer Camp guide for more information.

More details

7:30 - 9:30 a.m. Pre-camp
9:30 a.m. - 3:30 p.m. - Traditional camp
3:30-5:30 p.m. - Post camp

Lunch: A special thank you to Bluffton Hospital who will provide lunch for all campers on Mondays, Wednesdays and Fridays.

Traditional camp themes

June 3-7 - Superheroes in training
June 10-14 - Lifehacks
June 17-21 - Young scientist
June 24-28 - Lions, Tigers and Bears...Oh, my!
July 1-5 (no camp July 4) - Fairtales and fables
July 8-12 - Wilderness week
July 15-19 - Warlocks/wizards/witches (world of Harry Potter)
July 22-26 - Healthy habits camp
July 29-Aug. 2 - Wacky water week
Aug. 5-9 - Holidays
Aug. 12-16 - Reduce, reuse and recycle
Aug. 19-23 - Fortnite camp

Dates: June 3 to Aug. 23

Weekdays: Mondays through Fridays

Camp hours: 7:30 a.m. to 5:30 p.m.

Weekly price: \$70 members; \$140 program participant



Here's all the details

Become a BFR member

| Type | Pay Up Front In Full | 12 Month Auto Pay | Month to Month |
|---------------------|-------------------------|----------------------|------------------------|
| Youth (10-18) | \$144 | \$12 | \$20 = \$240/Yr |
| Young Adult (19-29) | \$228 | \$19 | \$28 = \$336/Yr |
| Single | \$336 | \$28 | \$37 = \$444/Yr |
| Single 15OFF | \$321 | \$26.75 | \$35 = \$420/Yr |
| Single 40Off | \$296 | \$24.67 | \$33 = \$396/Yr |
| SPF | \$396 | \$33 | \$40 = \$480/Yr |
| SPF 15OFF | \$381 | \$31.75 | \$38 = \$456/Yr |
| SPF 40OFF | \$356 | \$29.67 | \$36 = \$432/Yr |
| Family | \$444 | \$37 | \$45 = \$540/Yr |
| Family 15OFF | \$429 | \$35.75 | \$43 = \$516/Yr |
| Family 40OFF | \$404 | \$33.67 | \$39 = \$468/Yr |
| Senior 55+ | \$228 | \$19 | \$28 = \$336/Yr |
| 1 Day Guest Pass | \$6 | | |
| 1 Day Track Pass | \$1 w/ Member | \$2 NM | |
| 1 Mo Track Pass | \$18 | | |