

The Golden Age News

Published monthly by:

Bluffton Senior Citizens Center

132 N. Main St - Bluffton Ohio - 45817

419-358-8971

srcenter@wcoil.com

Fri.

Mon.

Tue.

Wed.

www.blufftonseniors.org

JULY 2015

Wed. 1 Quilting, Crafts Potluck Lunch, 12 Noon Exercise Class, 1:30 p.m.

Thurs. 2 Dominos, 9;30 a.m. Wii Bowling, 1 p.m. Community Meal, 6 p.m. **Trinity United Methodist**

3 Closed in observance of Fri. Independence Day!

Sat. 4 INDEPENDENCE DAY!!!

Mon. 6 Exercise Class, 1:30 p.m. Bingo w/ MHCO, 2:30 p.m.

Tue. 7 Dance, 6 p.m. – 8 p.m.

Bus trip to DerDutchman, Wed. Depart at 8:45 a.m. Crafts, Quilting Potluck Lunch, 12 Noon Deb's Workshop, 1 p.m. Exercise Class, 1:30 p.m.

Thurs. Wii Bowling, 1 p.m. Dominos, 9;30 a,m. Fri 10 Movie, 1 p.m.

Mon. 13 Exercise Class, 1:30 p.m. Monthly Dinner Meeting... Catered by Masonic Lodge 417

Tue. 14 Dance, 6 p.m. - 8 p.m.Wed. 15 Quilting, Crafts

Potluck Meal, 12 Noon Exercise Class, 1:30 p.m.

Volume VII Issue 7 **JULY 2015**

Thurs. 16 Coach trip to Zanesville, Depart at 7:30 a.m. Wii Bowling, 1 p.m. Community Meal, 6 p.m. St.Mary's Catholic Church

Fri. 17 Dominos, 9:30 a.m.

Exercise Class, 1:30 p.m. Mon. 20

Dance, 6 p.m. - 8 p.m. Tue. 21

Wed. 22 Quilting, Crafts Potluck Meal, 12 Noon Exercise Class, 1:30 p.m.

Thurs. 23 Wii Bowling, 1 p.m.

> 24 Dominos, 9;30 a.m. Movie, 1 p.m.

27 Toenail Clinic, 10 a.m. Exercise Class, 1:30 p.m. Bingo w/Richland Manor, 2:30 p.m.

Western Square Dance, 6 p.m.- 9 p.m.

Diabetes Self-Management, 28 10 a.m. at the Sr.Center Dance, 6 p.m. - 8 p.m.

29 Crafts, Quilting Potluck Meal, 12 Noon Exercise Class, 1:30 p.m.

Thurs. 30 Bus trip to Bison Ranch, IN Depart at 8 a.m. Wii Bowling, 1 p.m.

Fri. 31 Dominos, 9:30 a.m.

JULY MONTH MEETING



TIME: Monday, July 13th, 6:00 p.m.

PLACE: Bluffton Senior Center

WHAT: Masonic Lodge 417 will be serving ham loaf, cheesy potatoes, mixed vegetables, buttered rolls and cake. Price is \$7.50. Tickets must be purchased by Wednesday, July 8th so the caterer will have enough food for everyone.

M.C.: Bob Painter

HOSTESSES: Mary Amstutz

PROGRAM: Amy Warren will entertain us on the piano.



INDEPENDENCE DAY

The Bluffton Senior Center will be closed Friday, July 3rd in order that our employees may spend the holiday with their families. Domino players are welcome to play on Thursday, July

2nd at 9;30 a.m.

45 YEARS SHIRTS

The shirts have arrived and are now for sale! The royal blue polo shirts come in eight sizes, four men sizes and four women sizes and are \$16.00 each. Money is due when they are The finished shirts will have the Bluffton Senior Center Logo and 45 years embroidered on them. The sizes are in the Senior Center to help with ordering.

2XIMIA BITT

THANK YOU

Thank you to everyone who supplied the delicious food for the Car Show's salad bar and the GOBA salad bar and the GOBA bake sale. You made our lives much better and everything tasted great. Also, Thank You to all who took time to work the two meals; we couldn't have done it without you. A big THANK YOU to the kitchen staff who worked a long weekend and made it all possible!!!



MOVIE TIME

On Friday, July 10th at 1 p.m., we will lighten things up with a family comedy about a man with a day dreaming problem. On Friday, July 24th at 1 p.m., we head back to WWII and follow some men who care about art. FREE popcorn for everyone. Bring your own drink and a friend.

HEALTHY HOUR

Megan from Ameri Care will join us on Wednesday, July 1st at 12:30 p.m. to talk about Diabetes. Join us for a potluck lunch at NOON or for Megan's talk at 12:30 p.m.

JULY 2015



COACH TRIPS WITH TONYA 2015

ZANESVILLE AND STERNWHEELER BOAT RIDE, July 16 We will spend the day in Zanesville, Ohio. The day will include a ride on the sternwheeler Lorena, a tour with a guide of Zanesville, John and Annie Glenn house, the National Road Museum and Zane Grey Museum and more. Minimal walking at each stop. Lunch is included. Trip cost is \$85.00 due NOW.

OREGON'S NATURAL WONDERS, September 12-20 2015, We will fly out of Detroit to Portland. 9 days, 8 nights and 13 meals later we will fly home to Detroit. We will visit Portland, Multnomah Falls, Newberry Volcano, Bonneville Dam and much more. The price has been reduced to \$2547.00 per person for double occupancy. New brochures are in the Senior Center.

MYSTERY TRIP, September 29th, We will depart the Senior Center at 9 AM for parts 222 unknown to all but the driver and Tonya. Cost is \$50.00 due Sept. 1st. Lunch is included.



DEB'S SEWING WORKSHOP

On <u>Wednesday</u>, <u>July 8</u>, <u>starting at 1:00 p.m.</u> volunteers will gather to sew <u>bucket hats</u>. These hats are wonderful for keeping the summer sun off and can be made in a variety of sizes. Please call or stop in to sign up so that we have enough sewing machines and material. If you feel more comfortable sewing on your own machine, bring it! Remember, even a cabinet sewing machine is portable (the machine can be removed from the cabinet). If you need help carrying it in from your car, let us know.

DIABETES SELF-MANAGEMENT TRAINING

Have you been diagnosed with Diabetes? Are you struggling to control your condition? We can help! The Area Agency on Aging 3 will be holding classes at the Bluffton Sr. Center on Tuesday, July 28-September 1 from 10 – 12:30 p.m. Registration is required by Friday, July 17th. There is a \$20.00 fee to cover materials. Call Area Agency on Aging 3 at 419-222-7723 to reserve your seat!

STORE NEWS

We are in need of volunteers to sew strips for rugs. If you are interested, please talk to Tonya or Deb.

ShowTime and Ron Retzer presents "Crazy Bout Country II" at Der Dutchman in Plain City, OH
Assisted by John Parrendo on fiddle and Roger Hoard on guitar
Family style Dinner <u>Wednesday, July 8th</u> \$80.00 Depart Bluffton at 8:45 am.

Cook's Bison Ranch Tour including a Chuck Wagon Lunch. Several Indiana Quilt Pattern Gardens, Wakarusa Dime Store, Family Style Dinner plus "The King's Brass" at Blue Gate Dinner Theater - Thursday July 30th \$92.00 (Due by June 30th) Depart Blufton 8:00 am

Blissfield, Michigan Murder Mystery Dinner Train Ride Friday, August 7th <u>\$90.00</u>

<u>Depart at 9:30 am</u>

I'm sorry, but we have cancelled the Myrtle Beach and Charleston Trip <u>because of lack of interest!</u>

The WILDS and Dickinson Ranch September 11th, Lunch and Dinner included \$103.00 Lunch at the Wilds Overlook Cafe followed by a Private Safari viewing numerous animals found on this 10,000 acre refurbished coal mine land.

Then to the Dickinson Cattle Ranch and a tour of the Texas Longhorns, the (Belted) Dutch Blue Lingo and African Watusi Cattle topped off with a Texas style BBQ.

Payment due by July 11th. Depart Bluffton at 8:00 am

LaComedia Church Basement Ladies 'Last Potluck Supper" Thurs. Sept. 24th \$80.00 due by July 15th Depart Bluffton at 8:45 am.

Der Dutchman at Plain City, Karen Knott, Thurs. October 8th \$80.00 due by August 1st Depart at 8:45 am

"A Christmas Story" at LaComedia Thurs. November 12th. \$80.00 due by October 1st. Depart Bluffton at 8:45 am.

Ron Retzer's Christmas Show at Der Dutchman, Plain City, December 1st Ron will play his "Armonica" invented by Ben Franklin. \$80.00 due by October 1st. Depart Bluffton at 8:45 am.



VOLUNTEERS NEEDED



Page 5

The Bluffton Public Library has asked the Senior Center to put on a crochet class for their Summer Program. Mary Hofstetter has agreed to teach this on Wednesday, July 22nd from 10 a.m. –Noon but needs some assistance to help the children. Mary would like four (4) people with a basic knowledge of crochet. There is a sign-up sheet in the office.

WE WELCOME NEW MEMBERS....

Rick Grihalva, Bluffton Joyce Reigle, Elida Sharon Knepper, Bluffton Darlen Badertscher, Leipsic Helen Calvin, Forest Marg Richards, Findlay

SENT CARDS TO THE FOLLOWING MEMBERS IN THE HOSPITAL....

None

WE EXPRESS OUR DEEPEST SYMPATHY TO FAMILY AND FRIENDS OF.

None



CARD PLAYING

We have some members who would like to play cards. We have been asked about **Bridge**, **Eucher**, and **Hand and Foot**. Friday afternoons are always free for games. If you are interested in playing cards, please give **Tonya** your name, the game you want to play and when you are free to play and we will try to get groups together.

45 YEARS AND COUNTING UPDATE

(new info, please read)



In anticipation of the November Anniversary, we have started decorating the Senior Center. Keith and Shirley Sommer decorated the front window for the month of June with antiques and older items that were quite common in 1970 including a rotary phone and a manual typewriter. Keith even found a Bluffton University record from 1974-1975 to place on the record player. Shirley borrowed Minerva to sit at the typewriter for the month. Deb Beer made a banner that says 45 years and the Bluffton High School Art Department painted a sign for us that says 45 years and counting. I hope you got to see the window before it changes in July when we will remember the Golden Swingers.

There is still time to enter the Song and Poem contest. A Senior Citizen's Center <u>Poem</u> should be one to three verses long and a Senior Citizen's Center <u>Song</u> could be one to three verses long and may use any popular tune. The contest is open to anyone. Check at the office for rules and entry form. Also, if anyone is interested in decorating the front window or display case with memories of the Senior Center, let Tonya know.

TOE NAIL CLINIC

Our next Toenail Clinic will be Monday, July 27th at 10:00 AM. You must call ahead to make an appointment with Dr. Kirk, 419-384-8971. There is a \$10.00 charge due at the time of your appointment. Medicare does not cover clinics at the Senior Center.

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In June, the staff did a display of "The Golden Swingers" from 1979 to 2007. If you missed it, check out the front window display. In July, we will put some more memories in the display case. Come and check it out. If you have a collection or art work or hobby that you would like to share, please let Tonya know.

WESTERN SQUARE DANCING

Our next Western Square Dance will be on Monday, July 27th at 6:30 p.m. New dancers are always welcomed! The cost is \$3.00 for non-members and \$2.00 for members. You do not need a partner as partners are changed throughout the evening. So mark your calendars.

JUNE DINNER MEETING

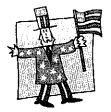
It looked like summer as Marilyn Wymer, Carolyn Green, and Pearl Williamson decorated the tables with pink flowers, pink napkins and pink flamingos. Bill Peebles opened the evening with some jokes and a prayer. Some lovely volunteers served everyone at the tables. After a nice meal with fresh strawberries, Bill let everyone in singing, "Happy Birthday" and "Happy Anniversary." Tonya interviewed Geraldine Basinger DeMeo and Anne Buller who both turned 90 years young in June. After Tonya and Deb gave announcements, Bill introduced Marg LaFollette. Marge shared a story of God looking down on His creation and seeing the suburbs. She then shared stories of her grandmother and mother and how they did things and how she is passing gardening on to her grandchildren. A good time was had by all.

REDUCE AND RECYCLE!

Need a new toothbrush? Is your toothpaste tube empty? Ran out of floss lately? Well, if so, I have a place for you to recycle them! Heidi Sommer Simones, daughter of Senior Citizen members Shirley and Keith Sommer, is currently the youth group sponsor for her church down in Cincinnati, and her youth group is collecting items to recycle for funds to pay for their youth convention and voluntary service trips. Items the youth are collecting include: old toothbrushes, empty tubes of toothpaste and the caps, empty floss containers, and even the packaging that these items come in, and it doesn't matter what brand they are. The youth group is also looking for empty scotch tape dispensers and the plastic inside ring the tape comes on. If you could collect these items and simply bring them into the Senior Citizen's Center, you will find boxes to place them in. The youth group sends their "Thanks!" in advance for any donations you can send their way. It is greatly appreciated!

DID YOU KNOW?

Did you know the Bluffton Senior Center has exercise equipment for it's members use? We have 2 exercise bikes and a tread mill located in the pool room where there is also a pool table for members use. The Senior Center is air conditioned on those hot days.



DID YOU KNOW?

The Bluffton Senior Center put automatic lights in the bathrooms and pool room a couple of years ago. The lights stay on for 10 minutes and they turn off by themselves. Did you know that if you turn the lights off manually, they will not turn on again automaticly for 10 to 20 minutes, which means the next to use the restroom has to figure out how to turn the light on manually. Please let the lights do their thing. They will turn themselves off when they are ready.

from: Marilyn Frysinger

Rhubarb Meringue Pie

2-1/2 cups rhubarb, cut fine 3 eggs, separated 1 cup sugar 3-1/2 tables. flour 1/4 teas. salt

1 small can Carnation

1 teas, vanilla

Beat the 3 egg yolks and mix together with the rhubarb, sugar, flour, salt, vanilla, and Carnation. Pour the mixture into a prepared pie crust. Bake at 350° for 40 minutes, or until set.

Prepare your favorite meringue recipe using the 3 egg whites. Spread the meringue over the rhubarb mixture. Continue baking until the meringue is lightly browned.

Enjoy!

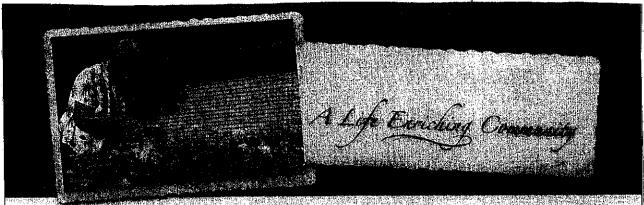
Jiffy Rhubarb Dessert

3 cups cut up rhubarb
(1) 3 oz. pkg. strawberry Jello
1/3 cup sugar
1 box yellow Jiffy cake mix
½ cup oil
½ cup warm water

Put rhubarb in greased 8 x 8 inch baking dish. Sprinkle each of the remaining ingredients (in order listed) over the top. DO NOT MIX. Bake at 350° for 40 minutes or until rhubarb is tender.

Serve warm with ice cream

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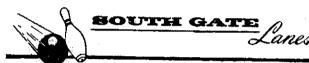


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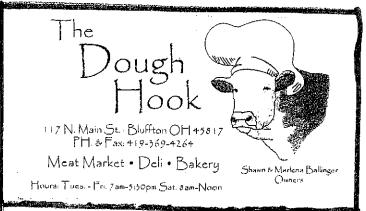
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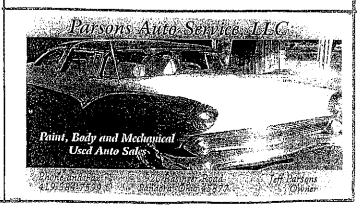
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